2010-2017 Chevrolet Equinox - Oil Change

2010-2017 Chevrolet Equinox | Moderate | 30-45 minutes | $47 DIY

TOOLS

Jack and jack stands (or ramps) Oil drain pan Socket set / wrench Oil filter wrench Torque wrench Funnel Rubber gloves Safety glasses Rags 32mm (1-1/4 inch) socket 15mm socket

PARTS

Engine Oil (5W-30 full synthetic) $35.00
Oil filter cartridge element kit (with O-rings) $12.00
Drain Plug Crush Washer $3.00

STEPS

1. **Prepare the vehicle - The 2010-2017 Equinox's 2.4L four-cylinder takes 5.0 quarts of** 5W-30 meeting dexos1. Have that socket, a 15mm socket for the drain plug, and a funnel ready. Park on level ground with the engine warm.
2. **Lift and support safely - Set the parking brake and chock the wheels. Lift the front at** the pinch-weld points and support the Equinox on jack stands - never rely on the jack alone. The filter housing is reached from above; the drain plug from below.
3. **Drain the oil - Remove the oil fill cap to vent the crankcase. Slide the drain pan under** the oil pan, remove the 15mm drain plug, and drain the oil fully. The plug tightens to about 18 ft-lbs on reinstall. Wipe the pan flange clean.
4. **Replace the oil filter - Unscrew the filter housing behind the dipstick with the 32mm** socket and lift out the old element. Fit the new element and a new O-ring into the housing. Thread the cap back on, tighten it snug, then give it about another quarter turn - d...
5. **Refit drain plug and refill - Reinstall the drain plug to about 18 ft-lbs. Wait a minute,** then check the dipstick and top up to the full mark - 5.0 quarts total with the filter.
6. **Check for leaks and reset - Start the engine for 30 seconds, shut it off, and inspect the** filter housing and plug for leaks. Recheck the level after a short drive. Reset the oil-life monitor through the driver information center, then recycle the used oil and element.

TORQUE

Oil Drain Plug 24 Nm 18 ft-lbs
Oil Filter (hand-tight only)

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