2009-2019 Ford Flex - Brake Pad Replacement

2009-2019 Ford Flex | Advanced | 1-3 hours | $205 DIY

TOOLS

Floor jack, rated jack stands, and wheel chocks Lug wrench and calibrated torque wrench Brake piston compressor or suitable spreader Socket set, wire brush, brake cleaner, gloves, and eye protection

PARTS

Front or rear brake pad set for 2009-2019 Ford Flex; verify axle, brake package, and VIN fitment $180.00

Replacement pad hardware or wear sensor only if the kit requires it $25.00

STEPS

1. **Confirm the front brake setup - Confirm your brake package before ordering: dual-piston** floating calipers (~47.5mm phenolic pistons each) use different pad shapes for standard-duty vs heavy-duty. Have a dual-piston compressor or two C-clamps ready - retract both pistons...
2. **Lift and secure the Flex - Park level, chock the rear wheels, and set the parking brake.** Use a rated floor jack under the front subframe and solid jack stands - never the jack alone. Break the front lug nuts loose on the ground, raise the front, and remove the wheel.
3. **Remove the caliper and old pads - Remove the two slide bolts and lift the dual-piston** caliper off the rotor, hooking it to the strut or frame - never hang it by the brake hose. Slide the old pads out and remove the stainless clips. Inspect the slide pins and boots.
4. **Prep the hardware and retract the pistons - Wire-brush the bracket’s slide lands and** install the new clips with brake grease on the pad contact points. These pistons push straight back - no rotation; lay the old inner pad across both pistons and compress them together evenly. Siphon...
5. **Install pads, torque, pump, and bed in - Seat pads and refit caliper, then the wheel;** lower the Flex and torque slide bolts and lugs to spec. Pump the pedal until firm before driving. Check and top up reservoir with correct DOT fluid. Bed pads with moderate stops from 40 mph, coo...

TORQUE

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