# 2006-2010 Hummer H3 - Engine Oil & Filter Change



**2006-2010 Hummer H3 | Moderate | 30-60 minutes | $57 DIY**

**TOOLS**

Floor jack or ramps and rated jack stands if needed  Oil-drain pan, funnel, gloves, and eye protection  Socket or wrench for the drain plug and oil-filter tool
Calibrated torque wrench and shop towels
13mm Socket

**PARTS**

Engine Oil (5W-30) $45.00
Correct engine oil filter and drain-plug washer for 2006-2010 Hummer H3 $12.00

## STEPS

1. **Confirm oil specification and make the vehicle safe - The 3.7L inline-5 takes 6 quarts** (5.6L) of 5W-30 with a filter change (0W-30 only in extreme cold); the 2008-2010 5.3L V8 Alpha also takes 6 quarts. Spin-on canister under the engine; skid plates often cover the sump, so keep a 13mm sock...
2. **Warm briefly and protect the work area - Run the H3 briefly, then shut off and wait.** Remove the fill cap and place a wide drain pan under the sump. If skid plates block the plug and filter, remove them with the 13mm socket and keep the bolts handy.
3. **Drain the used oil and replace the filter - Remove the drain plug and let the 3.7L drain** fully, then reinstall it and torque to 19 ft-lbs - do not overtighten. Spin off the old filter, wipe the mounting surface, and confirm the old gasket came off with the filter. Lightly oil the...
4. **Install the correct oil quantity - Add 5W-30 - 6 quarts with a filter change on the 3.7L** - stopping short of full, then check the dipstick and top up to the top line. Keep the fill cap and dipstick clean and refit the cap tightly.
5. **Check level, leaks, and service reminder - Start briefly, switch off, wait a few minutes,** and recheck the level on level ground. Inspect the drain plug and filter for leaks, including around any refitted skid plates. Reset the oil-life monitor through the cluster and record the mil...

**TORQUE**

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